



Adulting 101

When heading out into the “real world,” there are many skills that teenagers and young adults need to be successful. Ask your scout(s) which of these skills they already know how to do and which they feel they need to learn. Are there any that they disagree with? Are there any that they feel should be added to the list?

There is no “set number” of requirements that need to be met to earn this badge. The goal is to identify the ones that are needed and learn to perform them.

Laundry- removing stains, sorting, reading care labels, mending tears, replacing buttons, using a washer/dryer, folding a fitted sheet

Money- balancing a checkbook, cashing/writing checks, budgeting, utilities, credit cards, how to file taxes

Car maintenance- oil, gas, tires, using the owners' manual, where to park (tickets/being towed)

Writing a thank you note

How to vote- where to register, how to find a polling place, etc.

Phone etiquette- how to call and make a doctor appointment, reservation, call customer service to resolve an issue, etc.

Checking expiration dates- food, medicines, foods without dates (leftovers), makeup, etc.

Paper map reading

How to fill a prescription, how to use over the counter meds

How to load and run a dishwasher- what is dishwasher safe

Basic tools/repairs- hammer, saw, screwdriver, etc. How to turn off the water, how to reset your electric breaker

Cleaning- how to dust, vacuum, mop, clean a bathroom, how to organize a cluttered room

Memorize your Social Security #

How to travel- how to pack, making reservations, going through security, etc.

Insurance- carry your medical card, where to keep car insurance paperwork, how to file a claim, etc.

Job skills- resume, how to apply, how to interview

Tipping- restaurants, hair salons, while traveling, etc.

Grocery shopping- How to make a list, shopping on a budget, using coupons, comparison shopping

Self-care- How to budget your time, how to politely say no, making time for your interests